

Chapter 9

Consumer Information

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Central Midlands AAA/ADRC Senior & Disability Service Directory

9.1 Employment Counseling

Fairfield County

Carolina Community Action Agency

Tel: 803-635-3606

Vocational counseling, Financial Assistance with job training

Employment Security Commission

Tel: 803-635-2292

Assistance with job search

Fairfield County Workforce Investment Act (WIA)

Tel: 803-635-2812

Prepares people for employment through training

Lexington County

Benefit Bank at the SC Office of Rural Health

Tel: 1-800-726-8774

Connects low-to-moderate income families to work supports, tax credits, public benefits, and student financial aid

Lexington Employment Security

Tel: 803-359-6131

Job and unemployment services

Work/Life Solutions

Tel: 803-359-6131

Career

Counseling, supportive services, and referrals for the unemployed

Newberry County

SC Employment Security

Tel: 803-276-2110

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.1 Employment Counseling

Richland County

Alston Wilkes Society

Tel: 803-799-2490

Case management, needs assessment, counseling, employment training/placement, housing assistance and referrals to other community resources.

Cecil Tillis Family Life Center

803-254-3886 ext.220

Employment training

Columbia Urban League

Tel: 803-799-8150

Employment training and services

Family Service Center

Tel: 803-733-5450

Identifies local social service resources

Job Service – Midlands Workforce Center

Tel: 803-737-5627

Wateree Community Action Council

Tel: 803-786-4250

Employment search assistance, training, counseling, and general emergency assistance

Women's Shelter

Tel: 803-779-4706

Services for women in crisis with employment help, legal issues and educational goals.

Work/Life Solutions

Tel: 803-737-0210

Assist with job search, counseling, credit help, and transportation to work.

Work Support / FiSupport Services

Tel: 803-714-7387

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.1 Employment Counseling

Career One Stop

Tel: 1-877-872-5627 TTY: 1-877-889-5627

Email: info@careeronestop.org website: www.careeronestop.org

CareerOneStop is...

- Your source for employment information and inspiration The place to manage your career* Your pathway to career success * Tools to help job seekers, students, businesses and career professionals* Sponsored by the U.S. Department of Labor

Department of Social Services – Family Independence Program

The primary focus of the program is to assist low-income families meet basic needs by providing cash assistance, supportive services and training and employment opportunities. The FI Program is designed to serve single parent and two-parent families, as well as households with disabled adults. In many instances, these families would be eligible for SNAP benefits and Medicaid.

Fairfield County - 1136 Kincaid Bridge Road “PO Box 210” Winnsboro SC 29180

Tel: 803-635-5502

Lexington County – 1070 S. Lake Drive Suite A “ PO Box 84129” Lexington SC 29073

Tel: 803-785-7333

Newberry County – 2107 Wilson Road “PO Box 309” Newberry SC 29108

Tel: 803-321-2155

Richland County – 3220 Two Notch Road Columbia SC 29204

Tel: 803-714-7300

Eastover Branch: 120 Clarkson Street Eastover SC 29044

Tel: 803-353-32995

Experience Works

1400 Laurel Street Suite 4 Columbia SC 29201

Tel: 803-252-1240

Experience Works offers employment-training services through the Senior Community Service Employment Program (SCSEP) to low-income older workers in 31 counties in South Carolina. Experience Works partners with local 501 (c) (3) not-for-profit agencies in each of the counties we serve as training sites for participants. Experience Works also actively collaborate with local and public employers to create permanent employment opportunities for older workers who want to re-enter the workforce.

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.1 Employment Counseling

Goodwill – Family Services and Support

Job Training Sites

Website: www.goodwill.org

Whiteknoll – 118 Knoll Station Drive Lexington SC 29073

Tel: 803-808-0390

Garners Ferry – 6642 Garners Ferry Road Columbia SC 29209

Tel: 803-783-2696

Camden – 1671 Springdale Drive Columbia SC 29020

Tel: 803-432-1150

Greenwood – 1306 Montague Avenue Ext Greenwood SC 29649

Tel: 864-330-1298

South Carolina Department of Employment and Workforce

The South Carolina Department of Employment and Workforce (DEW) is responsible for paying unemployment insurance benefits, collecting unemployment taxes, helping people find jobs, matching businesses with qualified candidates, and collecting and disseminating state/federal employment statistics.

Our main goal is to match jobseekers with employers quickly, efficiently, and effectively, and we offer a variety of services to assist both groups.

Website: www.midlandsworks.org

SC Works – Columbia 700 Taylor Street Columbia SC 29201

Tel: 803-737-5627 (JOBS)

SC Works – Lexington 671 Main Street West Columbia SC 29170

Tel: 803-359-6131

SC Works – Winnsboro 414 A South Congress Street Winnsboro SC 29180

Tel: 803-635-2292

South Carolina Vocational Rehabilitation Department

To prepare and assist eligible South Carolinians with disabilities to achieve and maintain competitive employment

Fairfield County – Camden Vocational Rehabilitation

15 Battleship Road Ext Camden SC 29020

Tel: 803-432-1068 – Toll Free: 866-206-5280

Lexington County – Vocational Rehabilitation

1330 Boston Avenue West Columbia SC 29170

Tel: 803-896-6333 - Toll Free 1-866-206-5280

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.1 Employment Counseling

Newberry County – Vocational Rehabilitation

2601 Evans Street Newberry SC 29108

Tel: 803-276-8438

Richland County – 516 Percival Road Columbia SC 29206

Tel: 803-782-4239 Toll Free: 1-866-206-5280

Richland County – 1430 Confederate Avenue Columbia SC 29202

Tel: 803-898-8866

Satellite Office and Work Training Center – Richland County

201 Corporate Park Blvd Columbia SC 29223

Tel: 803-691-8284

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.2 Consumer Agencies

Better Business Bureau of Central South Carolina & Charleston

2442 Devine Street Columbia SC 29205

Tel: 803-254-2525 Toll Free: 1-800-892-3584

Email: info@columbia.bbb.org website: www.bbb.org

BB's mission is to be the leader in advancing marketplace trust. We do this by:

- Setting standards for marketplace trust
- Encouraging and supporting best practices by engaging with and educating consumers and businesses
- Celebrating marketplace role models
- Calling out and addressing substandard marketplace behavior
- Creating a community of trustworthy businesses and charities

Carolina Center for Medical Excellence

1320 Main Street Suite 300 Columbia SC 29201

Tel: 803-212-7500 Toll Free: 1-800-922-3089

TTY: 1-800-735-8583

Website: www.thecarolinascenter.org

As a recognized leader in improving health care quality, we provide innovative services and solutions to create healthier communities.

Columbia Opportunity Resource

PO Box 1868 Columbia SC 29202

Tel: 803-851-5906

Email: info@ourcor.org website: www.ourcor.org

We are always offering new ways for you to volunteer your time, talent and treasure, so check back often to find a cause you care about.

Comunicar

3400 Colonial Drive Columbia SC 29203

Tel: 803-400-1178

Email: info@comunicar.us website: www.comunicar.us

A Comunicar Spanish language service, a leader in South Carolina, specializes in Spanish Language translation and interpreting. Specializing in Health Care and Judicial interpreting, our certified interpreters can be found in hospitals and courts statewide. We offer broad, multi-state coverage.

Palmetto Poison Center

EMERGENCY #: 1-800-222-1222

Tel: 803-777-7909

Email: palmettopc@cop.sc.edu website: www.poison.sc.edu

The Palmetto Poison Center offers programs all year long at different community events.

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.2 Consumer Agencies

South Carolina Department of Consumer Affairs

2221 Devine Street Suite 200 Columbia SC 29205

Tel: 803-734-4200

Website: www.consumer.sc.gov

Our mission is to protect consumers from inequities in the marketplace through advocacy, mediation, enforcement and education.

SC Secretary of State's Office- Consumer Education and Protection

1205 Pendleton Street, Suite 525 Columbia, SC 29201

Tel: 803-734-2512

Website: www.sos.sc.gov

The South Carolina Department of Consumer Affairs and the Federal Trade Commissions both provide valuable resources that can help consumers avoid fraudulent transactions and scams.

Do Not Call Registry

To register your phone number with the Federal Trade Commission's Do Not Call Registry, visit the following

Website: www.ftc.gov/donotcall

South Carolina Department of Revenue

300A Outlet Pointe Blvd. Columbia SC 29210

Tel: 803-898-5000 Toll Free: 1-844-898-8542

Website: www.dor.sc.gov

The Taxpayers' Bill of Rights gives you certain rights when dealing with the South Carolina Department of Revenue.

- You have the right to apply for assistance from the Taxpayer Rights' Advocate within the Department of Revenue.
- The advocate or his designee is responsible for facilitating resolution of taxpayer complaints and problems.
- You have the right to request and receive forms, instructions and other written materials in plain, easy-to-understand language.
- You have the right to prompt, courteous service from us in all your dealings with the Department of Revenue.
- You have the right to request and receive written information guides, which explain in simple and nontechnical language, appeal procedures and your remedies as a taxpayer.
- You have the right to receive notices, which contain descriptions of the basis for and identification of amounts of any tax, interest and penalties due.

Under the provisions of Section 12-4-340 of the 1976 code of laws, any outstanding liabilities due and owed to the South Carolina Department of Revenue for more than six months may be assigned to a private collection agency for collecting actions.

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.2 Consumer Agencies

South Carolina Emergency Management Division

2779 Fish Hatchery Road West Columbia SC 29172

Tel: 803-737-8500

Email: WebAlert@emd.sc.gov website: www.scemd.org

Fairfield County Emergency Management Department: Tel: 803-635-4444

Lexington County Emergency Preparedness Division: Tel: 803-785-8359

Newberry County Preparedness Agency: Tel: 803-321-2135

Richland County Emergencies Services: Tel: 803-576-3400

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.3 Library Services

Center for Disability Resources- Center for Disability Resources (for US mail only)

University of South Carolina School of Medicine

Department of Pediatrics Columbia, SC 29208

8301 Farrow Road Columbia, SC 29208

Tel: 803-935-5231

Website: www.uscm.med.sc.edu

Our mission is to enhance the well-being and quality of life of persons with disabilities and their families. We collaborate with persons with disabilities and their families to develop new knowledge and best practices, train leaders, and effect systems change.

South Carolina State Library – Talking Book Services

1500 Senate Street “PO Box 821” Columbia SC 29202

Tel: 803-734-4611 Toll Free: 1-800-922-7818

TDD: 711-734-4611

Email: TBSbooks@statelibrary.sc.gov website: www.statelibrary.sc.gov

Providing library services to the blind, visually impaired, and physically handicapped of South Carolina

South Carolina Public Library – Fairfield, Lexington, Newberry and Richland Counties

Fairfield County- 300 Washington Street Winnsboro SC 29180

Tel: 803-635-4971

Ridgeway Branch – 175 South Palmer Street Ridgeway SC 29130

Tel: 803-337-2068

Library bookmobiles serve Fairfield County residents living outside a 3-mile radius of Winnsboro or Ridgeway. Routes are ran bi-weekly and services are provided to nursing homes, day care centers, and the Fairfield County Detention Center.

Lexington County- Main Library -5440 Augusta Road Lexington SC 29072 Tel: 803-785-2600

Batesburg – Leesville Branch

203 Armory Street Batesburg SC 29006

Tel: 803-532-9223

Cayce – West Columbia Branch

1500 Augusta Road West Columbia SC 29169

Tel: 803-794-6791

Chapin Branch

129 N.W. Columbia Avenue Chapin SC 29036

Tel: 803-345-5479

Gaston Branch

214 South Main Street Gaston SC 29053

Tel: 803-791-3208

Gilbert – Summit Branch

405 Broad Street Gilbert SC 29054

Tel: 803-785-5387

Irmo Branch

6251 St. Andrews Road Columbia SC 29212

Tel: 803-798-7880

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.3 Library Services

Lexington County Branches Continue

Pelion Branch

206 Pine Street Pelion SC 29123
Tel: 803-785-3272

Swansea Branch

199 N. Lawrence Avenue Swansea SC 29160
Tel: 803-785-3519

South Congaree – Pine Ridge Branch

200 Sunset Drive West Columbia SC 29172
Tel: 803-785-3050

BOOKMOBILE

Storytime's on-board, homebound visits every other Monday, bi-weekly visits to area daycares, preschools, senior centers and neighborhoods.

Tel: Manager (803) 785-2649 Assistant (803) 785-2674

Newberry County Branches

Hal Kohn Memorial

1100 Friend Street Newberry SC 29108
Tel: 803-276-0854

Whitmire War Memorial Library

303 Church Street Whitmire SC 29178
Tel: 803-694-3961

Richland County Branches

Ballentine Branch

1321 Dutch Fork Road Columbia SC 29201
Tel: 803-781-5026

Blythewood Branch

218 McNulty road Blythewood SC 29016
Tel: 803-691-9806

Cooper Branch

5317 North Trenholm Road
Columbia SC 29206
Tel: 803-787-3462

Eastover Branch

608 Main Street Eastover SC 29044
Tel: 803-353-8584

EdVenture Library

211 Gervais Street Columbia SC 29201

Lower Richland High School

2615 Lower Richland Blvd Hopkins SC 29061
Tel: 803-695-3035

Main Branch

1431 Assembly Street Columbia SC 29201
Tel: 803-799-9084

North Main Branch

5306 North Main Street Columbia SC 29203
Tel: 803-754-7734

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.3 Library Services

Richland County Branches

Northeast branch

7490 Parklane Road Columbia SC 29223

Tel: 803-736-6575

Sandhills Branch

1 Summit Parkway Columbia SC 29229

Tel: 803-699-9230

Southeast Branch

7421 Garners Ferry Road Columbia SC 29209

Tel: 803-776-0855

St. Andrews Branch

2916 Broad River Road Columbia SC 29210

Tel: 803-772-6675

Wheatley Branch

931 Woodrow Street Columbia SC 29205

Tel: 803-799-5873

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.4 Movers

All following business are accredited through the BBB (Better Business Bureau)

Angel Transition Services

Tel: 803-599-6631

Email: info@angeltransitionservices.com website: www.angeltransitionservices.com

Blue Chip Moving Company LLC

3000 Pine Shadow Trail Columbia SC 29210

Tel: 803-201-9551

Website: www.bluechipsc.com

Coleman American Moving Services

2822 Commerce Drive Columbia SC 29205

Tel: 803-771-6400

Gentlemen Movers

1835 Inglewood Drive Columbia SC 29204

Tel: 803-319-3646

Website: www.gentlemenmovers.com

Lange Moving Systems Inc.

1501 Key Road Suite E Columbia SC 29201

Tel: 803-256-7966

Website: www.langemovingsystems.com

Minute Man Movers

10621 broad River Road Irmo SC 29063

Tel: 803-781-2575

Website: www.minutemanmoversonline.com

Senior Services, Inc. / AAA Movers

1501 Leesburg Road Columbia SC 29209

Tel: 803-665-7941

Two Men and A Truck

1901 Dixiana Road Cayce SC 29033

Tel: 666-8588

Website: www.twomenandatruck.com

9.5 Social & Leisure Programs

City of Columbia Recreation Centers

Ben Arnold

1100 S. Holly Street

Tel: 803-545-3100

Ben Arnold community center has a gymnasium and meeting facilities. The play area features new equipment. The center offers a variety of programs, from jumping rope to basketball to ceramics. The park is next to Memorial Stadium and backs up to the Owens Field Park Complex. Rosewood Park is across the street.

Hyatt Park

950 Jackson Avenue

Tel: 803-733-8445

Hyatt Park is across the street from the Eau Claire Town hall. Hyatt Park has grassy areas, picnic tables, a small stream, baseball diamonds, and a community center with a gymnasium. The community center offers access to computers with Internet access.

Greenview Park

6700 David Street

Tel: 803 754-5223

Greenview Park is a multi-sport complex that offers recreational amenities inside and outside of the park. The park consists of multiple ball fields, 9-court tennis facility, outdoor swimming pool, walking trail, playground area and a picnic shelter. Indoor amenities consists of a game room, multiple meeting rooms that include a ceramics room, computer room, teen room, three meeting rooms, full size kitchen, fitness room and a gymnasium that seats 299 persons.

Lorick Park

1600 Lorick Avenue

Tel: 803- 691-9339

Lorick Park has a neighborhood center, basketball courts, a baseball diamond, picnic shelters and a water spray. The community center has a game room and offers access to computers with Internet access.

Martin Luther King Jr. Park

2300 Greene Street

Tel: 803-733-8452

The community center has a full size basketball court, exercise room, game room, meeting rooms, computer room, kitchen, ceramic room and a computer room with WIFI capabilities.

9.5 Social & Leisure Programs

City of Columbia Recreation Centers

Pinehurst Park

2300 Pinehurst Road

Tel: 803 733-8449

Pinehurst Park has a baseball diamond and a playground area. There is also a spray pool and a community center. Off-street parking is available as well as water fountains and restrooms in the community center. The community center offers a game room, gymnasium and use of computers with internet access.

Fairfield County Council on Aging

210 East Washington Street Winnsboro SC 29180

Tel: 803-635-3015

Woodland Park

6500 Olde Knight Parkway

Tel: 803- 776-1096

Woodland Park has tennis courts, picnic tables, a baseball diamond and a playground as well as a community center. The playground has been renovated recently- the play equipment is in excellent condition. This is a very neat play structure with lots of different climbing activities. The area is not shaded but the surrounding grassy area has plenty of shade, including the swings, which are separate from the rest of the play structure. Water and restrooms are available in the community center as well as a gymnasium. The community center has computers with internet access.

Lexington County Recreation and Aging Commission - www.lcrac.com

125 Parker Street Lexington SC 29072

Tel: 803-356-5111

Gilbert Senior Center

409 Broad Street Gilbert SC 29054

Tel: 803-892-5745

Seniorcise - Tony Diaz

Time /Date: Every Wednesday at 9:50 am

Exercise increase flexibility, & muscle Develop a better and healthier body with low impact weights and dyna bands.

Multipurpose Building-opens from 7:30 am to 2:00 pm / five days a week from 7:30 am to 2 pm

Walking and exercise routine - available per DVD four times a week Open for seniors, Age 60 and older, from 2:00 pm—6:00 pm.

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.5 Social & Leisure Programs

Lexington County Recreation and Aging Commission

Website: www.lcrac.com

Lexington Senior Center

108 Park Road Lexington SC 29072

Tel: 803-957-7979

Birthday Parties- See Monthly activity calendar for date and time. We love to honor all celebrating a birthday for a particular month.

Games -Dates and times listed on the monthly calendar for Bingo, Dominoes, Trivia, Skip Bo, and cards.

Shopping-Monthly calendar for dates and times. A chance to buy groceries, pick up drug prescriptions and do personal shopping for clothes, paying bills and more.

Lunch- Daily, Noon. Those 60 years and older can take part in our noontime congregate meal. Eligibility: Must make a reservation no later than noon one day in advance.

Tri-City Leisure Center

485 Brooks Avenue West Columbia SC 29169

Tel: 803-939-9311

Seniorcise Instructors: Mary Anne Allread & Tony Diaz

Time/Date: Mon.11:00 a.m., Wed.11:00 am & Fri.-11:00 am

Cost: Donations

Eligibility: Request participants must be at least 60 years old and a Lexington County Resident. Details of program: Every-one works at his or her own fitness level. Participants must have current health history and doctor's release on file.

Senior Strength Training Program / Well-ness Center *(Call for appointment)*

Cost - Annual membership starting at \$120.00

Details of program: This program enhances muscular strength using weight machines and light free weights.

Walking Indoor track-- Check out our walking program conducted by the Senior Strength Trainers.

Newberry County Council on Aging

1300 Hunt Street Newberry SC 29108

Tel: 803-276-8266

9.5 Social & Leisure Programs

Richland County Recreation Commission

Website: www.richlandcountyrecreation.com

7473 Parklane Road Columbia SC 29223

Tel: 803-741-7272 (RCRC)

Ballentine Community Center

1009 Bickley Road, Irmo, SC 29063

Tel: 803- 781-2031

The Center's amenities include a recreation building with meeting rooms, kitchen, crafts room, fitness room, basketball courts, soccer fields, playground, and a walking trail.

Bluff Road Park

148 Carswell Drive Columbia SC 29209

Tel: 803-776-8698

We have classes going on NOW so be sure to check them out soon! Zumba, dance, youth sports and our fitness room are affordable and are for all ages!

Blythewood Park

126 Boney Road, Blythewood, SC 29016

Tel: 803- 691-9786

Adults benefit from services that improve health and wellness, reduce stress and conducted in a relaxing, wholesome family environment.

Crossroads Community Center

2750 McCords Ferry Road, Eastover, SC 29044

Tel: 803- 353-3266

The Community Center will be available to hold meetings, receptions, fun community events, rentals and will have some programming available to the public.

Eastover Park

1031 Main Street, Eastover, SC 29044

Tel: 803- 353-7137

Eastover Park offers programs, services that nurtures, and enriches the quality of life for persons of all ages and abilities. Adults who participate benefit from social and economic connections that unite the community.

9.5 Social & Leisure Programs

Richland County Recreation Commission

Email: www.richlandcountyrecreation.com

Forest Lake Community Center

6820 Wedgefield Road Columbia SC 29206

Tel: 803-787-5000

Forest Lake Park offers programs and services that enrich the quality of life for persons of all ages and abilities. Participants benefit from social recreation and outreach activities that connect multicultural groups and give a chance for social bonding with neighbors.

Friarsgate Park

1712 Chadford Road Irmo SC 29063

Tel: 803-732-3220

Friarsgate Park offers programs and services that enrich the quality of life for persons of all ages and abilities. Participants benefit from recreation leisure activities designed to improve the health and wellness of the whole family.

Hopkins Adult Activity Center

150 Hopkins Park Road Hopkins SC 29061

Tel: 803-776-2778

Open to adults only, ages 21+, the new Hopkins Park Adult Activity Center, offers an affordable environment for socializing, fitness, wellness education, and fun leisure experiences.

Killian Park

1424 Marthan Road Blythewood SC 29016

Tel: 803-754-7980

Killian Park offers programs and services that enrich the quality of life for persons of all ages and abilities. Participants benefit from the provision of equal access to diverse program opportunities. We celebrate cultural awareness and connect groups from all strata of our community.

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.5 Social & Leisure Programs

Richland County Recreation Commission

Email: www.richlandcountyrecreation.com

Pine Grove Community Park

937 Piney Woods Road Columbia SC 29210

Tel: 803-213-1296

This multipurpose facility is ideal for all types of community activities; arts & crafts, dancing and much more.

Senior Resources, Inc.

2817 Millwood Avenue Columbia SC 29205

Tel: 803-252-7734

Email: www.seniorresourcesinc.org

Shepard's Center - Columbia

3401 Trenholm Road Columbia SC 29204

Tel: 803-779-4449

Email: www.shepherdcentercolumbia.org

Shepard's Center of Eau Claire

3404 West Beltline Columbia SC 29203

Tel: 803-254-4170

Email: www.shepardscenters.org

Shepherd's Center of Lexington

309 E. Main Lexington, SC 29072

Tel: 803- 359-6838 ext. 110

Email: www.scllex.org

Shepherd's Center of St. Andrews

2600 Ashland Road Columbia SC 29210

Tel: 803 731-9394

Website: www.shepherdcenterofstandrews.org

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.6 Tax Preparation Assistance

The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$54,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.

In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. The IRS-certified volunteers who provide tax counseling are often retired individuals associated with non-profit organizations that receive grants from the IRS.

Department of Revenue Headquarters

State Museum Building

301 Gervais Street Columbia SC 29210

Tel: 803-898-5000

Website: www.sctax.org

AARP Foundation Tax Aide

1-888-227-7669

Free tax help: February through April 15

Website: www.aarp.org

W141 S. Shandon Street Suite E "PO Box 7631" Columbia SC 29205

Tel: 803-779-3169 Toll Free: 1-855-722-2017

803-467-3457

Email: Carolyn@cfittstaxsolutions.com website: www.cfittstaxsolutions.com

James E. Clyburn Technology Center

7492 Parklane Road Columbia SC 29223

Tel: 803-462-0064

Volunteer Income Tax Assistance (VITA)

1-800-906-9887

Free Tax Return Preparation

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.7 Volunteer Opportunities

America Red Cross – Central South Carolina Chapter

2751 Bull Street “PO Box 91 Columbia SC 29202
Tel: 803-540-1200 Toll Free: 1-800 RED CROSS (733-2767)
Website: www.columbiaregionredcross.org

Big Brothers Big Sisters of Greater Columbia

4300 N. Main Street Columbia SC 29204
Tel: 803-691-5700
Email: inquiry@bbbsgc.org website: www.bbbsgc.org

Cass Elias McCarter Guardian Ad Litem Program

Richland County - State Office
1205 Pendleton Street, Suite 447 Columbia, SC 29201
Tel: 1-800-277-0113
Website: www.sccgal.org

Fairfield County Office

Estelle Stevenson, Coordinator
124 Wylie Street Chester, SC 29706
Tel: 803-581-0226
Email: estelle.stevenson@admin.sc.gov

Lexington County Office

405 E. Main Street Lexington, SC 29072
Tel: 803-957-6484
Email: lisa.crawford@admin.sc.gov

Newberry County Office

Jane Doolittle, Coordinator
2107 Wilson Road, Room 144
Newberry, SC 29108
Tel: 803-321-2155 ext. 145
Email: jane.doolittle@admin.sc.gov

Fairfield County Council on Aging

210 E Washington Street Winnsboro SC 29180
Tel: 803-635-3015
Email: fccoainfo@truvista.net

Lexington County Recreation & Aging Commission

125 Parker Street Lexington SC 29072
Tel: 803-356-5111
Email: lchristison@lcrac.com website: www.lcrac.com
Meals on Wheels, Senior Center Projects, RSVP Projects, Fundraising, Special Events

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.7 Volunteer Opportunities

Lexington Medical Center Volunteer Program

2720 Sunset Blvd. West Columbia SC 29169

Tel: 803-791-2573

Website: www.lexmed.com

Newberry County Council on Aging

1300 Hunt Street Newberry SC 29108

Tel: 803-276-8266

Email: info@nccoa.org website: www.nccoa.org

Home Delivered Meals, Retired and Senior Volunteer Program (RSVP), Telephone Reassurance, Legal Services

Palmetto Animal Assisted Life Services (PAALS)

PO Box 25679 Columbia SC 29169

Tel: 803-788-7063

Email: info@paals.org website: www.paals.org

Palmetto Health Hospital – Volunteer Programs

Website: www.palmettohealth.org

Palmetto Health Baptist: 803-296-5520

Palmetto Health Baptist Parkridge: 803-907-1501

Palmetto Health Richland: 803-434-6242

Auxiliary Volunteers, Personal Touch, HELP, Summer Junior Volunteer Program, Hospice

Ronald McDonald House

2955 Colonial Drive, Columbia, SC 29203

Tel: 803-254-3181

Ronald McDonald Family Room

7 Richland Medical Park Drive, Columbia SC

Tel: 803-434-4193

Website: www.rmhcofcolumbia.org

Ronald McDonald House volunteers are crucial to ensuring that families experience the highest level of care and comfort during their stay. Duties may include organizing the pantry, repairing/cleaning rooms for incoming guest families, completing household tasks, restocking the soda machine, baking cookies, replenishing supplies or other tasks that are crucial to the daily operations of the House. This is perfect for groups seeking a service opportunity or for anyone who wants to let their outgoing personality shine! Those who have a positive outlook, friendly disposition and ability to easily adapt to a changing environment thrive in this position!

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.7 Volunteer Opportunities

Senior Resources Inc.: Volunteer Programs

2817 Milwood Avenue Columbia SC 29205

Tel: 803-252-7734 Toll Free: 1-866-818-6499

Email: info@seniorresourcesinc.org Website: www.seniorresourcesinc.org

Meals on Wheels – Pet Pals – Retired and Senior Volunteer Program (RSVP) – Fundraising and special events.

Sexual Trauma Services of the Midlands

Headquarters: 3830 Forest Drive, Suite 201 Columbia, SC 29204

Tel: (803) 790-8208

Website: stsm@stsm.org

Sumter Office: 533C Oxford Street, Sumter, SC 29150

Newberry Office: 1530 Main Street, Suite 201, Newberry, SC 29108

24-Hour Hotline: (803) 771-RAPE (7273) (Richland/Lexington)

1-800-491-RAPE (7273) (Newberry/Sumter)

Sexual Trauma Services of the Midlands has several volunteer opportunities, making it easy for any interested volunteers to find something that will be a good fit for them. Questions about which volunteer position is best for you?

Central Midlands AAA/ADRC Senior & Disability Service Directory

9.9 Grocery Services

Kroger Online Shopping

Website: www.kroger.com

Select your items, reserve pick-up time, Pick up at the store and pay all without leaving your vehicle. ONLY accept Credit or debit for payment.

Publix

Website: www.app.shipt.com

Areas Serving - Cayce, Dentsville, Forest Acres, Irmo, Lexington, Seven Oaks, St. Andrews, West Columbia.

\$14 Monthly / \$99 Yearly Membership

Free Delivery on Orders over \$35.00

Sam's Club Pick-Up

Website: www.samsclub.com

Membership required

Sam's saving membership - \$45

Sam's business membership- \$45

Sam's plus membership - \$100

- 1) Shop online for items marked "Pick-up in Club"
- 2) Chose Pick up time
- 3) Check in at the Club Pick up Kiosk inside
- 4) Or pick up at our selected curbside or drive through locations

Walmart – Grocery Pick-up

Website: www.walmart.com/grocery

Instructions:

- 1- Shop for your grocery items add to basket
- 2- Reserve time to pick up
- 3- Pay online
- 4- Walmart Associate will bring your groceries to your vehicle and load them for you.

Quick / Easy / Free