



## ***Regional Aging and Disability Advisory Committee Meeting Notice***

**Monday, January 8, 2024 | 12:00 PM**

**Central Midlands Council of Governments (in person)**

**236 Stoneridge Drive, Columbia, SC 29210**

**Large Conference Room and Zoom Meeting (virtual)**

**<https://zoom.us/j/93165914770?pwd=c0Z1OW8rdEpYN3luem1SSTRweC9wQT09>**

**Meeting ID: 931 6591 4770 | Passcode: CMCOG | Dial-In Number: 646 558 8656**

**Date: January 8, 2024**

**To: RADAC Board Members**

**From: Anna Harmon,  
Director, Area Agency on Aging**

**Subject: RADAC Meeting January 8, 2024**

The next meeting of the Regional Aging and Disability Advisory Committee will be held on Monday, January 8, 2023, at 12:00 noon in the CMCOG Large Conference Room. The agenda for January 8<sup>th</sup> and the minutes from November 13<sup>th</sup> are attached.

Lunch will be served. We look forward to seeing you again on Monday, January 8th.

***Serving the Midlands Senior Citizens***

236 Stoneridge Dr. Columbia, SC 29210 (803)-376-5390 FAX (803)-376-5394

*The Mission Statement of the AAA/ADRC is to promote a positive experience of aging for older individuals, the disabled community and their families*

**CENTRAL MIDLANDS COUNCIL OF GOVERNMENTS REGIONAL  
AGING AND DISABILITY ADVISORY COMMITTEE**

January 8, 2023, 12:00 PM

**Agenda**

- I. Call to Order**
- II. Welcome and Invocation**
- III. Approval of the November 13, 2023, RADAC Meeting Minutes**
- IV. Family Caregiver Support Program Subcommittee Update – Julie Ann Dixon-Richardson**
- V. Healthy Initiatives – PITCH SC, Kristie Jordan**
- VI. Ombudsman Report – Latoya Buggs-Williams**
- VII. LGBTQ Rights in Long-Term Care Facilities – Sandra Eskew**
- VIII. Special Projects Update – Shelia Bell-Ford**
- IX. January Central Midlands AAA Newsletter – Lindsey Woolley**
- X. Adjourn**



**The Regional Aging and Disability Advisory Committee (RADAC)  
Central Midlands Council of Governments  
Monday, November 13, 2023 | 12:00 PM | CMCOG Conference Room**

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**COMMITTEE MEMBERS PRESENT:**

**Darrell Hudson, Chairman, Lexington County**  
**Foster Senn, Vice Chairman, Newberry County**  
Rosemounda "Peggy" Butler, Lexington County  
Joyce Mize, Lexington County  
Vina Abrams, Newberry County – Via Zoom  
Julie Ann Dixon-Richardson, Newberry County  
Joyce Mason, Richland County – Via Zoom  
Kevin Miller, Richland County – Via Zoom  
Bill Patterson, Richland County  
Ida Thompson, Richland County

**GUESTS PRESENT:**

Rebecca Smith  
Dr. Nicole Cavanagh

**CONTRACTORS PRESENT:**

Angi Connor, Fairfield County Council on Aging  
Lynn Stockman, Newberry County Council on Aging  
Andrew Boozer, Senior Resources, Richland County

**STAFF MEMBERS PRESENT:**

**Britt Poole, Central Midlands COG Executive Director**  
**Anna Harmon, AAA/ADRC Director**  
**Shelia Bell-Ford, AAA/ADRC Assistant Director**  
Aleigha Chee-you, Ombudsman Program Assistant  
Lindsey Woolley, Aging Program Coordinator  
LaToya Buggs-Williams, Ombudsman Program Manager  
Jannie Davis, Intern  
Kori Williams, Family Caregiver Assistant  
Ebony Davis, Assessor Coordinator Manager  
Jessica Kelly, Associate Ombudsman,  
Artellia Shaw, Family Caregiver Coordinating Manager  
Mikaela Myers, Program Specialist/Aging Assessor

Debbie Hollins, SHIP Assistant  
Janyce Davis, Consumer Choice Program Manager  
Brittany Brown, Accounts Payable Specialist  
Garry Baxley, Aging Finance Manager  
Nakayla Pickett, Aging Assessor  
Phyllis E. Rockhold, Aging Assessor  
Kimberly Fontanez, Aging Grants Manager  
Amber Summers, Aging Assessor  
JaJuana Davis, SHIP/IR&A Coordinating Manager  
Sandra Eskew, Ombudsman Investigator  
Fretoria Addison, Ombudsman Volunteer Program Coordinator  
Dawn Herndon, Receptionist  
Angelia Huguenin, Receptionist  
Missi Labbe, Finance Director

**I. CALL TO ORDER**

Chairman Darrell Hudson called the meeting to order at 12:00 PM on November 13, 2023.

**II. WELCOME AND INVOCATION**

Andrew Boozer gave the invocation.

**III. APPROVAL OF MINUTES**

Mr. Hudson called for approval of minutes, and minutes were approved.

**IV. REVIEW OF BY-LAWS**

Ms. Dixon-Richardson shared that the by-laws require that we have 58 committee members on RADAC. Participation is usually less than 25. She proposed that we decrease the required number of members so that we can have a quorum. We would rather have a smaller group that's involved than a larger group that is not involved. There were 0 members from Fairfield County, 3 members from Lexington County, 3 members from Newberry County, and 4 members from Richland County present at the 11/13/2023 RADAC meeting.

Mr. Hudson has suggested calling each person from the counties to see if they are still interested in being involved. Mr. Hudson will call Lexington County. Foster Senn will call Newberry members. Mr. Hudson will contact Representative Annie McDaniel and ask her to contact Fairfield County members. Ida Thompson will call Richland members.

We took a moment to introduce new RADAC board member Bill Patterson. He is a veteran and worked for senior services, teaching health and wellness classes. His goal in life is to improve the quality of life of our senior citizens.

Ms. Dixon Richardson made a motion to table the membership discussion for now.

**V. FAMILY CAREGIVER SUPPORT SUBCOMMITTEE REPORT - Julie Ann Dixon-Richardson**

Subcommittee met on October 11<sup>th</sup>. They discussed the overall purpose of the subcommittee. Ms. Dixon-Richardson would like to attract more community involvement and caregiver education.

Ms. Shaw then shared information about the Family Caregiver program. The program distributes \$2000 vouchers once per year which can be used for a personal care aid, an in-patient facility, or an adult daycare. Last year, 51% of vouchers were given to Richland County, 5% to Newberry, 5% to Fairfield, and the other 39% went to Lexington. Mayor Senn would like to increase numbers in Newberry and Fairfield counties and will share information with Newberry County.

The family caregiver conference will be at Brookland Baptist on Thursday, November 16<sup>th</sup>.

**VI. THE IMPORTANCE OF RESPITE – Dr. Nicole Cavanagh**

Dr. Nicole Cavanagh shared a presentation about the importance of respite, which included information on self-care for caretakers, as well as information about Alzheimer's and other types of dementia. November is National Caregiver Month.

**VII. OVERVIEW OF OPEN ENROLLMENT - JaJuana Davis**

SHIP is the State Health Insurance Assistance Program. Medicare open enrollment is from October 15th to December 7th. SHIP helps beneficiaries compare their plans to see if what they have will work for next year, and helps them make informed decisions over the phone and in person. 803-744-5130 is JaJuana's direct number.

**VIII. WHAT ARE HOMEMAKER SERVICES? WHAT IS PERSONAL CARE? – Janyce Davis**

Homemaker Services is part of Home Care Services. Homemaker is light housekeeping in every room that the client has access to. Personal care includes bathing, dressing, transferring, and light housekeeping. We issue vouchers for 4 hours a week for each service. We also offer pest control to our clients. Janyce K. Davis's direct number is 803-744-5349. This is an ongoing service. Ebony Davis can arrange to make sure that an assessment is scheduled. After the assessment is done, the client is referred to Ms. Janyce. Angi Connor suggests that CMAAA communicates with the Councils on Aging to get the client to call us back.

**IX. SPECIAL PROJECTS REPORT – Shelia Bell-Ford**

Serving our Seniors is a new program for seniors in all 4 counties aged 60 or older. The AAA Department can help individuals with dental services reimbursements up to \$2000, medication reimbursements \$800, hearing aid reimbursements \$3000, and portable heating and air conditioning units. Assessments for wheelchair ramps are also being conducted.

**X. ADJOURN AT 1:12 PM.**