



AGENDA
REGIONAL AGING AND DISABILITY ADVISORY COMMITTEE
(VIRTUAL MEETING)
Monday, April 11, 2022
12:00 p.m.

- | | |
|--|------------------|
| I. Call to Order | Dr. Roger Gaddy |
| II. Welcome and Invocation | Open |
| III. Approval of Agenda & Minutes (Enclosure 1) | Action |
| IV. AAA Program Updates | |
| a. Family Caregiver Support Program (Enclosure 2) | Candice Holloway |
| b. Information & Referral/Assistance (Enclosure 3) | Antoinette Davis |
| c. Ombudsman Program (Enclosure 4) | Fretoria Addison |
| d. Assessment Program (Enclosure 5) | Ebony Davis |
| e. SHIP (Enclosure 6) | Shelia Bell-Ford |
| V. Public Comment | Open |
| VI. Adjourn | Dr. Roger Gaddy |

Next Meeting: July 11, 2022, 12:00 p.m.



The Regional Aging and Disability Advisory Committee (RADAC)
Central Midlands Council of Governments
Monday, January 10, 2022, ♦ 12:00 p.m. ♦ Virtual (Zoom)

COMMITTEE MEMBERS PRESENT:

Joyce Mize, Lexington County
Joyce Mason, Richland County
Peggy Butler, Lexington County
Ida Thompson, Richland County
Mary Gail Douglas, Fairfield County
Julie Ann Dixon, Richland County

CONTRACTORS PRESENT

Lynda Christison, Lexington County Recreation and Aging Commission
Andrew Boozer, Senior Resources, Richland County
Lynn Stockman, Newberry County Council on Aging
Angi Conner, Fairfield County Council on Aging

STAFF MEMBERS PRESENT:

Candice Holloway, ARDC/AAA Director
Shelia Bell-Ford, SHIP Program Coordinator
Debbie Hollins, SHIP Volunteer
Fretoria Addison, Ombudsman Program Coordinator
Jessica Kelly, Aging Program Assessor
Reginald Simmons, Deputy Executive Director
Benjamin Mauldin, Executive Director
Titilayo Okumoye, Finance Department

Guest Speaker:

Susan Firimonte, South Carolina Legal Services

I. **CALL TO ORDER**

AAA Director, Candice Holloway called the meeting to order at 12:00 p.m. on January 10, 2022

II. **Welcome, Invocation, Introductions, Approval of Agenda, Consent Agenda**

Agenda, Minutes, Consent Agenda Approved, Mary Gail Douglas motioned, Vina Abrams seconded.
Peggy Butler requested for a correction in minutes to reflect Lexington, not Richland County

III. **State Health Insurance Program (SHIP)**

Shelia Bell-Ford provided the current updates within the SHIP Program. Open enrollment was a success and the program saved several clients large amounts of money. One client saved over \$1000 in medicine and premium expenses. Debbie Hollins (SHIP volunteer) has been working with the SHIP counselors learning about Medicare and received her SHIP certification. Explain the different enrollment periods

IV. **Information and Referral Assistance Program**

Jenny Andrews provided an update on IR&A program. Mrs. Andrew stated December numbers have not been provided by the state, but the number one need is low income subsidized housing, followed by rental and utility assistance. CM AAA has partnered with Century Glass for clients who have broken or cracked window for seniors over the age of 60 and reside in Lexington and Richland counties. Also, CM AAA is offering the HUD grant for senior over the age of 62 who reside in Newberry and Fairfield county.

V. **Assessment Program**

Candice Holloway provided an update on the Assessment program. Program instruction were provided by SC DOA for assessor to go back into the homes starting January, but the date has been pushed back due to the increasing numbers of covid cases. A new date will be provided by the state.

VI. **Family Caregiver Support Program**

Jenny Andrews provided an updated on the Family Caregiver Support Program. The advocate is research different services to provide to the Seniors Raising Children Program. The program is currently offering assistance to pay for dance class, zoo memberships, etc. The program will increase the voucher amounts in the near future.

VII. **Ombudsman Program**

Fretoria Addison provided an update on the Long-Term Care Ombudsman program. The Ombudsman program exceeded their goal for this quarter. Ms. Addison explained to the group in how a case is handle once a complaint is received. Most complaints are respect issues. The complaint numbers have increased due to staff shortages and burnout within the healthcare system.

IX **Guest Speaker**

Susan Firimonte from SC Legal Services provided information about the services provided though the agency. The assist with Wills, Healthcare Power of Attorney, guardianship, social security, Medicare, Medicaid fraud, disability denials, and bankruptcy.

X **Next Meeting: April 11, 2022**

XI **Adjourn 1:00 pm**

FCG Funding Level Report

(All Accounts)

Source	Total	Allocated	Available	% Avail	Allocated Spent	Allocated Remaining	Total Budget Spent
Alz	91,753.17	91,753.17	0.00	0.0%	91,753.17	0.00	91,753.17 100.0%
CARES - Respite	9,815.85	9,815.85	0.00	0.0%	9,815.85	0.00	9,815.85 100.0%
CARES - SRC					0.00		0.00
CARES - SS	5,777.77	5,777.77	0.00	0.0%	5,777.77	0.00	5,777.77 100.0%
Elk Alz							
State Respite	142,097.63	35,155.18	106,942.45	75.3%	33,655.18	1,500.00	33,655.18 23.7%
State Respite SRC							
III E	455,819.52	483,668.69	-27,849.17	-6.1%	280,335.56	203,333.13	280,335.56 61.5%
III E SRC	75,581.47	74,177.75	1,403.72	1.9%	28,614.29	45,563.46	28,614.29 37.9%
III E SS	120,023.21	85,210.32	34,812.89	29.0%	60,964.49	24,245.83	60,964.49 50.8%
ARP Respite	124,308.44	32,000.00	92,308.44	74.3%	2,253.00	29,747.00	2,253.00 1.8%
ARP SRC	50,000.00	2,205.13	47,794.87	95.6%	2,205.13	0.00	2,205.13 4.4%
ARP SS	63,103.00	4,821.13	58,281.87	92.4%	1,801.13	3,020.00	1,801.13 2.9%
ARP Counseling	63,103.00		63,103.00	100.0%		0.00	
Totals:	1,201,383.06	824,584.99	376,798.07	31.4%	517,175.57	307,409.42	517,175.57 43.0%
III E Total					369,914.34		Total Budget Not Spent
							684,207.49 57.0%

*Totals as of 4/4/2022 - this does not include all of March spending

FCSP Allocations

Month	Allocated Amount	Assessments Completed	Number of Vouchers	New applications	Outreach Events
July 2021	\$154,590.81	82	54	70	5
August 2021	\$55,439.92	52	38	76	0
September 2021	\$88,294.29	85	65	64	2
Q1 Total	\$298,325.02	219	157	210	7
October 2021	\$66,644.91	47	45	58	1
November 2021	\$69,693.14	61	49	53	3
December 2021	\$63,413.50	56	44	51	2
Q2 Total	\$199,751.55	164	138	162	6
January 2022	\$39,651.28	63	34	69	3
February 2022	\$44,850.00	51	40	83	1
March 2022	\$69,281.39	51	68		1
Q3 Total	\$153,782.67	165	142	152	5
YTD totals	\$651,859.24	548	437	524	18

FCSP Program Updates

- We received our new Federal Allocation in February, and have added that to our overall budget.
- Our time with current MSW interns is coming to a close. They have both been phenomenal, and will be missed! Their last days with us are later this month.
- We are starting to interview next year's interns. It looks like we will be having our first BSW level student next year, along with new MSW interns.
- FCSP is working to focus more on Older Relative Caregivers. This includes the Seniors Raising Children Program and caregivers over age 55 who are caring for a disabled adult.
- We are hoping to resume our Caregiver Support Group in the next few months. As Covid numbers continue to decline, we are hoping that it will be safe for our caregivers to meet in person again.
- Jenny is not in attendance today due to being at the ASA Conference in New Orleans. She and other advocates from around the state will be hosting a roundtable discussion at the conference discussing innovative programming for the Seniors Raising Children Program.

**REGIONAL INFORMATION, REFERRAL AND ASSISTANCE TOTALS
CENTRAL MIDLANDS AREA AGENCY ON AGING
FY 2021-2022 YEAR-TO-DATE TOTALS**

CENTRAL MIDLANDS MONTHLY I&R/A CONTACTS – FY 2021/2022												
July 2021	August 2021	Sept 2021	Oct 2021	Nov 2021	Dec 2021	Jan 2022	Feb 2022	March 2022	April 2022	May 2022	June 2022	TOTAL
305	414	245	389	303	252	305	213					2,426

CENTRAL MIDLANDS PRESENTING NEEDS – FY 2021-2022	
TOP FIVE PRESENTING NEED	TOTAL COUNT (YEAR TO DATE)
Low Income or Subsidized Housing	97
Rent Payment Assistance	79
Caregiver Consultation	89
Electric Service Payment Assistance	78
Medical Appointments Transportation	71

CENTRAL MIDLANDS UNMET NEEDS – FY 2021-2022	
TOP FIVE UNMET NEEDS	TOTAL COUNT (YEAR TO DATE)
Low Income or Subsidized Housing	2
Medical Appointments Transportation	4
Personal Care	3
Electric Service Payment Assistance	0
Rent Payment Assistance	2

CENTRAL MIDLANDS OUTREACH EVENTS – FY 2021-2022												
July 2021	August 2021	Sept 2021	Oct 2021	Nov 2021	Dec 2021	Jan 2022	Feb 2022	March 2022	April 2022	May 2022	June 2022	TOTAL
0	0	0	0	1	0	1	1	0				

CENTRAL MIDLANDS I&R/A COVID-19 REPORT

The Central Midlands Information & Referral / Assistance Program continues working with state and local agencies to share all pertinent information on programs and opportunities for assistance to the aging and those with disabilities within our region. We are still providing weekly information on free COVID testing and vaccination sites from SC Department of Health and Environmental Control by email to staff and providers for distribution to their clients, staff and volunteers. We are continuing to work with the Alianza Latina of the

Midlands Group to distribute information from those meetings as well as updated email postings which affect our clients.

Due to the uncertainty of the pandemic, Central Midland continues to work with local churches, organizations, medical facilities, senior housing communities, and others to deliver information about our agency and its services. As restrictions on in-person activities are lessening, we are continuing to utilize virtual platforms (completing some in-person events) to stay in communication with previous outreach partners to keep them updated on services and activities for the senior population, individuals who have a disability, and their families.

UPCOMING PROGRAMS FOR SENIORS

Central Midlands Council of Governments, Area Agency on Aging has partnered with SC DOA for the 2022 Senior Day, which has been scheduled for May 12, 2022. This will be for the seniors of the Central Midland **ONLY**. Planning with the contractors to assist with this event is currently in the beginning stages, but information will be provided on the time and venue later this month.

The South Carolina Association of Area Agencies on Aging 2022 Needs Assessment launched on March 1st and will continue to collect data until May 1st. Please assist us in the initiative to getting this needs assessment out to our seniors of the Midlands.

Long Term Care Ombudsman Report

Central Midlands Long Term Care Ombudsman Program

Who are we?

Long-Term Care Ombudsmen are advocates for residents of long term care facilities. We work to resolve problems related to abuse, neglect, exploitation, quality of care, improper discharges, respect and dignity issues etc, on behalf of residents. The Long-Term Care Ombudsman staff advocates, mediates and/or investigates to bring about changes that will improve residents' quality of care and quality of life.

Facilities

The Central Midlands Ombudsman Program is responsible for **7,133** beds in **116** facilities throughout the Midlands. (DHEC's facility listing is being updated so the number of beds and facilities may change slightly)

Stats below are for Jan. 1, 2022 to Mar. 31, 2022

• Number of cases opened	106 Cases <i>(tentative)</i>
• Number of complaints	216 Complaints <i>(tentative)</i>
• Community Education	46 Outreach efforts <i>(tentative)</i>
• Consultations	102 <i>(tentative)</i>
• Facility Visits/RVs	98 <i>(tentative)</i>
• Number of volunteers	13 Volunteers

Areas of Concern

Nursing Homes

1. Dignity & Respect concerns
2. Accidental Injury of Unknown Origin
3. Resident to Resident Abuse

Assisted Living/Residential Care

1. Dignity & Respect concerns
2. Accidental Injury of Unknown Origin
3. Elopement (Lack of Supervision)

Long Term Care Ombudsman Report

Spotlight on Education

Ombudsman Advocacy: The Long-Term Care Ombudsman Program continues to advocate for residents in long-term care facilities by phone and also in person. The Long-Term Care Ombudsman Program continue to provide consultations to residents, families, and facilities and we also continue our efforts of educating the community about our services and the program. Our office continues to provide information regarding Advance Directives to those who may request the information.

Ombudsman Spotlight: We are currently and are always recruiting and training volunteers who would like to make a difference in the lives of residents in Nursing Home and Assisted Living/Care facilities. For anyone who would like to Become a Volunteer Ombudsman. Please contact our program at 803-376-5389 and ask to speak with **Fretoria**.

Also, April 16th, 2022 is National Healthcare Decisions Day. We will have an Advance Directive Training on April 13, 2022 (11am to 2pm). If you have any questions, please contact **Shelia Bell-Ford** at 803-376-5390.

Here are some important upcoming dates: Please mark your calendars!

Volunteer Training – April 12th and 19th, May 10th and 25th and June 15th and 30th.

Volunteer Appreciation Event – April 20, 2022 11:30 a.m. – 1p.m.

Advance Directives Training – April 13, 2022, 11-2 (CEU's will be granted for this training)

*****April 16th is National Healthcare Decisions Day*****

World Elder Abuse Awareness – June 2022

Long-Term Care Ombudsman Staff:

Anna Harmon, Long-Term Care Ombudsman Director

LaToya Buggs-Williams – Senior Long-Term Care Ombudsman Investigator

Fretoria Addison – Ombudsman Volunteer Coordinator

Jessica Ray- Long-Term Care Ombudsman Investigator

Assessment 3rd Quarter Report

[illegible]



Navigating Medicare

SHIP Report- April 11, 2022

During this reporting period January – March 2022

Counselors created a SHIP rack card to promote and encourage new to Medicare beneficiaries to contact the local SHIP office. Counselors will use the purchased SC Voter registration mailing list.

The Central Midlands Council of Governments Area Agency on Aging (CMCOG/AAA) has an ongoing partnership with SC Thrive to assist clients with applications for Community Long Term Care (CLTC) and Long Term Care (LTC) Medicaid. Three (3) CLTC applications were submitted and 200 CLTC brochures were mailed.

The Medicare Improvement for Patients and Providers Act (MIPPA) program supports states and tribes through grants to provide outreach and assistance to eligible Medicare beneficiaries to apply for benefit programs that help to lower the costs of their Medicare premiums and deductibles. The MIPPA report for September 1, 2021- February 28, 2022 was submitted to the SCDOA on April 5, 2022.

The Senior Medicare Patrol (SMP) program received a grant to increase virtual capacity of the SMP program and to reach beneficiaries in a virtual format. One of the ideas compiled from SMP was to provide older adults with training on technology. Although seniors consistently have lower rates of technology adoption than the general public, this groups is more digitally connected than ever. In fact, some groups of seniors such as those who are more affluent and more highly educated report owning and using various technologies at rates similar to those under age of 65. Still, there remains a notable digital divide between younger and older Americans. Furthermore, many seniors who are older, less affluent or with lower levels of educational attainment continue to have a distant relationship with digital technology.

Therefore, the “Seniors Tackling Technology” project began. We meet with the seniors at the PineRidge and Winnsboro senior center weekly to teach basic computer skills, how to navigate the internet, create email accounts and passwords, navigating and creating accounts on Medicare.gov, SMP resource center, Social Security Administration and learning about fraud, scams and identity theft. We also created a SMP Facebook page.

Unfortunately, as the country becomes more and more sophisticated with technology there will always be the potential for some form of identity theft, fraud and scams. The regional SMP program will continue to remain focus and dedicated to bring awareness to these important issues.

Respectfully submitted,

Central Midlands Region- SHIP/SMP

Scan here to complete online!



South Carolina Association of Area Agencies on Aging 2022 Needs Assessment

Section 1: Demographic Information	
County	<input type="checkbox"/> Fairfield <input type="checkbox"/> Lexington <input type="checkbox"/> Newberry <input type="checkbox"/> Richland Zip code _____
Gender	<input type="checkbox"/> Female <input type="checkbox"/> Male <input type="checkbox"/> Other
Race	<input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Asian/Asian American <input type="checkbox"/> Black/African American <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> White <input type="checkbox"/> Other _____
Age	<div style="display: flex; flex-wrap: wrap;"> <div style="width: 33%;"><input type="checkbox"/> Less than 40</div> <div style="width: 33%;"><input type="checkbox"/> 55-59</div> <div style="width: 33%;"><input type="checkbox"/> 70-74</div> <div style="width: 33%;"><input type="checkbox"/> 41-49</div> <div style="width: 33%;"><input type="checkbox"/> 60-64</div> <div style="width: 33%;"><input type="checkbox"/> 75-79</div> <div style="width: 33%;"><input type="checkbox"/> 50-54</div> <div style="width: 33%;"><input type="checkbox"/> 65-69</div> <div style="width: 33%;"><input type="checkbox"/> 80-84 <input type="checkbox"/> 85 or older</div> </div>
Marital Status	<input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Domestic Partner/Civil Union <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Divorced
Income (monthly)	<div style="display: flex; flex-wrap: wrap;"> <div style="width: 33%;"><input type="checkbox"/> \$1,074 or less</div> <div style="width: 33%;"><input type="checkbox"/> \$1,831-\$2,208</div> <div style="width: 33%;"><input type="checkbox"/> Unknown</div> <div style="width: 33%;"><input type="checkbox"/> \$1,075- \$1,452</div> <div style="width: 33%;"><input type="checkbox"/> \$2,209-\$2,589</div> <div style="width: 33%;"><input type="checkbox"/> \$1,453-\$1,830</div> <div style="width: 33%;"><input type="checkbox"/> \$2,590 or more</div> </div>
Number in Household	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 or more
<p>Are you currently receiving services from _____ Area Agency on Aging (ex. Family Caregiver Support, Homecare, Minor Home Repair, Seniors Raising Children, etc.)?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	
Section 2: Senior Centers/Nutrition Sites	
<p>Are you currently receiving services from a Senior Center or Nutrition Site?</p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>	
<p>Does your community have a Senior Center or Nutrition Site? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	
<p>If so, do you attend? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, why not?</p>	

PLEASE CONTINUE ON BACK ➡

Section 3: Please put a <u>check</u> (✓) by the items listed below that affect your ability to live independently at home.	
	1. I need to exercise more, but don't know where to start.
	2. Sometimes I feel lonely or sad, even isolated.
	3. I have trouble keeping my home clean.
	4. It is difficult for me to do my laundry due to lifting, folding and putting clothes away.
	5. I need assistance with bathing, dressing and toileting.
	6. I am concerned about falls or other accidents.
	7. It is difficult for me to get to the grocery store, pharmacy and/or medical appointments.
	8. I cannot grocery shop or cook much, so home delivered meals would be helpful.
	9. Sometimes I do not have enough food to eat.
	10. I am unable to read and understand my mail.
	11. I have problems keeping my paperwork in order and sometimes lose things.
	12. I have trouble keeping up with paying my bills.
	13. I have difficulty paying for prescription medicines.
	14. My insurance premium is a struggle to pay monthly.
	15. I do not know how I could pay for nursing home care when/if I needed it.
	16. I cannot afford to pay for dental care.
	17. I cannot afford to pay for hearing aids.
	18. I cannot afford to pay for eyeglasses.
	19. I need access to assistive technology, i.e., wheel chair, cane, walker, etc.
	20. I need legal advice, but cannot afford it.
	21. I need safe and affordable housing.
	22. I struggle keeping warm and cool due to poor insulation, leaky windows or structural damage.
	23. I am unable to make necessary repairs to my home due to costs.
	24. I cannot do my yard work due to physical or medical reasons.
	25. I have a serious problem with pests in my house (ex. Bed bugs, roaches, fleas, lice, rodents, etc.).
	26. I have a mental health issue that sometimes makes it difficult for me to live on my own.
	27. I (or someone close to me) have a drug or alcohol problem.
	28. I have to deal with challenging family issues that are stressful.
	29. I don't have friends, neighbors or others that have a positive influence on my life.
	30. I am responsible for taking care of a child or children under the age of 18.
	31. I am taking care of one or more adults over the age of 60.
	32. Other:

Please return to:
 Central Midlands Council of Governments - Area Agency on Aging
 236 Stoneridge Drive
 Columbia, SC 29210



Smiling Faces, Beautiful Places

South Carolina



Association of Area Agencies on Aging

We Understand Your Needs!

*Enhancing the quality of life for
Seniors in the Palmetto State!*

2022

Take the free
survey to plan
future services
in your Senior
Community.

