

Chapter 7

Behavioral Health Services & Support Groups

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Central Midlands AAA/ADRC Senior & Disability Service Directory

7.1 Mental Health & Counseling

Affiliated Family Services – 2 Locations

2016 Assembly Street Columbia SC 29201
Tel: 803-252-5300
1898 Calhoun Street #5 Columbia SC 29201

Bridges Clubhouse

2015 Commerce Drive Cayce SC 29033
Tel: 803-796-6179
Email: bridgesclubhouse@gmail.com

Domestic Abuse Center

989 Knox Abbott Drive Cayce SC 29033
Tel: 803-791-1322
Email: www.domesticabusecenter.net

Family Connection of South Carolina

Tel: 803-217-3564
Toll Free: 1-800-578-8750
Email: info@familyconnectionsc.org
Website: www.familyconnectionsc.org

Life Point Counseling Center

1431 North Lake Drive Lexington SC 29072
Tel: 803-808-9623

MIRCI (Mental Illness Recovery Center, Inc.)

3809 Rosewood Drive Columbia SC 29205
Tel: 803-786-1844
Email: mail@mirci.org
Website: www.mirci.org

Palmetto AIDS Life Support Services

2638 Two Notch Road Suite 208
Columbia SC 29204
Tel: 803-779-7257
Email: info@palss.org
Website: www.palss.org

Beckman Center for Mental Health (Newberry County)

1547 Parkway Suite 100 Greenwood SC 29646
Tel: 864-229-7120

Chronos Care Counseling Service

113 Miles Park Drive Columbia SC 29223
Tel: 803-865-7500

Eau Claire Counseling & Behavioral Medicine

4605 Monticello Road Bld.B Ste 1
Columbia SC 29203
Tel: 803-714-0266

Federation of Families for Children's Mental Health of South Carolina

810 Dutch Square Blvd Suite 205
Columbia SC 29210
Tel: 803-772-5210 Toll Free: 1-866-779-0402
Email: info@fedfamsc.org
Website: www.fedfamsc.org

Mental Health America of South Carolina

1823 Gadsden Street Columbia SC 29201
Tel: 803-779-5363
Email: nscott@mha-sc.org
Website: www.mha-sc.org

The Nurturing Center

1332 Pickens Street Columbia SC 29201
Tel: 771-4160
Email: contact@thenurturingcenter.org
Website: www.thenurturingcenter.org

Palmetto Counseling Associates LLC

1911 Gadsden Street Suite 204
Columbia SC 29201
Tel: 803-254-9767
Email: info@palmettocounseling.com
Website: www.palmettocounseling.com

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.1 Mental Health & Counseling

Palmetto Health Counseling Services

Palmetto Health Baptist

1501 Sumter Street Columbia SC 29201

Tel: 803-296-5879

Palmetto Health Richland

9 Medical Park Drive Suite 400

Columbia SC 29203

Tel: 803-434-2767

Palmetto Health Baptist Parkridge

300 Palmetto Health Pkwy Suite 118

Columbia SC 29212

Tel: 803-907-5879

Post Trauma Resources LLC

1709 Laurel Street Columbia SC 29201

Tel: 803-765-0700 Toll Free: 1-800-459-6780

Email: www.posttrauma.com

SC Mental Health Clinics

Columbia

2713 Colonial Drive Columbia SC 29203

Tel: 803-898-4800

Fairfield

1073 US Hwy By-Pass S. Winnsboro SC 29180

Tel: 803-737-3039 or 803-635-4689

Lexington

301 Palmetto Park Blvd Lexington SC 29072

Tel: 803-996-1500

Southeast Counseling

2712 Middleburg Drive Suite 207B

Columbia SC 29204

Tel: 803-419-7497

Email: info@southeastcounseling.info

Website: www.southeastcounseling.info

VA Medical Center – Mental Health

6439 Garners Ferry Road Building 106

Columbia SC 20209

Tel: 803-776-4000 Ext. 7183 or 7184

Website: www.columbiasc.va.gov

Palmetto Health Counseling Services

Northeast Columbia-Spring Valley

91 Polo Road Columbia SC 29223

Tel: 803-296-5879

Palmetto Health – Newberry

2699 College Street Newberry SC 29108

Tel: 803-296-5879

Palmetto Health – Sumter

213 Main Street Sumter SC 29150

Tel: 803-775-3510

SC HIV/AIDS Council (SCHAC)

1518 Pickens Street Columbia SC 29201

Tel: 803-254-6644

Email: support@schivaidscouncil.org

Website: www.schivaidscouncil.org

SC Mental Health Clinics

Gaston

3965 Fish Hatchery Road Gaston SC 29053

Tel: 803-755-2261

Batesburg-Leesville

119-A Malibu Drive Batesburg SC 29006

Tel: 803-532-8414

Newberry

2043 Medical Park Drive Newberry SC 29108

Tel: 803-276-8006

Three Rivers Behavioral Health

2900 Sunset Blvd West Columbia SC 29169

Tel: 803-796-9911

Toll Free: 1-866-796-9911

Website: www.threeriversbehavioral.org

Vocational Rehabilitation

1330 Boston Ave West Columbia SC 29170

Tel: 803-896-6333 Toll Free: 1-866-206-5184

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.1 Mental Health & Counseling

Vocational Rehabilitation

Other offices:

516 Percival Road Columbia SC 29206

Tel: 803-782-4239 Toll Free: 1-866-206-5280

1430 Confederate Avenue Columbia SC 29202

Tel: 803-898-8866

www.scvrd.net

Vocational Rehabilitation

Other offices

201 Corporate Park Blvd Columbia SC 29223

Tel: 803-691-8284

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.2 Alzheimer's / Caregiver Support Groups

Atria at Forest Lake

4405 Forest Drive Columbia SC 29206

Tel: 803-790-9800 (Debbie Bailey)

Date: 3rd Tuesday every month

Time 12:00 Noon (Lunch)

Alzheimer's Association Caregiver Support Groups – Midlands Office

3223 Sunset Blvd Suite 100 West Columbia SC 29169

Tel: 803-791-3430

Toll Free: 1-800-272-3900

Website: www.alz.org/sc/

Central Midlands Council of Governments- Family Caregiver Support Program

236 Stoneridge Drive Columbia SC 29210

Tel: 803-376-5390 – Becky Baird

Email: bbaird@centralmidlands.org

Dates: 3rd Thursday of each month

Time: 11:00 AM

Location: Large Conference Room

Details: The Support Group gives information to the families that are taking care of loved ones with Alzheimer's, Dementia or other health issues. In this support program, you will be provided by several members in the community to teach each and everyone how to cope and fulfill the loved ones request for a happy lifestyle.

Caregivers Coalition of the Midlands

(Group for Spouses of person with dementia—led by spouse caregivers)

Palmer Bldg. of First Presbyterian

1420 Lady Street Palmer – 4th Floor

SW corner of Lady & Bull Streets

Parking Lot on corner, enter on Lady Street

Tel: 803-779-1995 ext. 4 (Debbie Clark) 803-351-7827 (Janet Haladay)

Date: 2nd Tuesday every month

Time: 12:00 Noon

7.2 Alzheimer's / Caregiver Support Groups

Daybreak Adult Care Services- Lexington

The Palmettos of Parklane

7811 Parklane Road Columbia SC 29223

Tel: 803-741-7233

Dates: 3rd Tuesday of every month

Time: 1:00 PM

Details: Daybreak co-sponsors and coordinates monthly meetings for persons, who provide care to those unable to care for themselves, for mutual emotional support and the sharing of information and experiences.

Fairfield County Council on Aging

210 E Washington Street Winnsboro SC 29108

Tel: 803-633-4283 (Debbie Broom)

Dates: 2nd Tuesday of every month

Time: 6:00 – 7:00 PM

Leeza's Care Connection

201 St. Andrews Road Columbia SC 29210

Tel: 803-834-7694

Details: Lezza's Care Connection is the only caregiver community resource center in the midlands, leading the way to meet the ever increasing needs of families by providing FREE programs and services AND a place for families to gather. We connect, uplift and empower caregivers to call on their courage and summon their strength when they are faced with new health diagnosis, crisis or transition.

Lewy Body Dementia Support Group

"M'Aiken A Difference"

Daybreak Caregiver Outreach & Training Center

151 Linden Street SW Aiken SC 29801

Tel: 803-226-0288 (Patrice Tavernier or Linda Lucas)

Email: Nancy Martin nancy13lbd@gmail.com

Date: 3rd Tuesday of each month

Time: 11:00 AM

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.2 Alzheimer's / Caregiver Support Groups

The Crossings at Columbia

2300 Clemson Road Columbia SC 29229

Tel: 803-754-0538 (Betty Rabon)

Date: Last Thursday of every month

Time: 1:00 PM

The Haven in the Summit

3 Summit Terrace Columbia SC 29229

Tel: 803-788-4633 (Monice Butler)

Date 2nd Tuesday every month

Time: 6:00PM

The Heritage at Lowman Home

Wellness Center, Gallery Chapin

2101 Dutch Fork Road White Rock SC 29177

Tel: 803-760-4259 (Renee Driggers)

Dates: 3rd Thursday of Each Month

Time: 4:00 p.m.

Details: The Alzheimer's Support Group is for caregivers, family, friends, or anybody who wants information on Alzheimer's or Dementia care. In this support group you will hear first-hand experience, get medical information, and ideas that will help with your daily concerns. Feel free to listen, share, and ask questions.

The Palmettos of Parklane

7811 Parklane Road Columbia SC 29223

Tel: 803-754-0538 (Betty Rabon) or 803-741-7233 (Kristen DeGoursey)

Date: 4th Monday every Month

Time: 6:00 PM

Newberry County Library

1100 Friend Street Newberry SC 29108

Tel: 803-924-3469 Teresa Halfare or 803-837-2619 Chris Cook

Dates: 1st Wednesday of every month 9:30 AM

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.2 Alzheimer's / Caregiver Support Groups

Newberry County Council on Aging

1300 Hunt Street Newberry SC 29108

Tel: 803-276-8266

Dates: 2nd Tuesday of every month

Time: 5:30 PM

Details: The Aging council offers a support group for any person who provides care for someone with Alzheimer's disease or related dementia.

Oakleaf Village of Lexington

800 N. Lake Drive Lexington SC 29036

Tel: 803-808-3477 (Keren Pickard)

Dates: 1st Thursday of the month

Time: 6:00 PM

Details: For a different type of support group where you can meet those with the same struggles as you! A light lunch is provided.

Website: www.oakleafvillagelexington.com

Palmetto Senior Care

1308 Laurel Street Columbia SC 29201

Tel: 803-931-8166 (Karen Carr or Cindy Hawkins)

Date: 4th Friday every other month (odd months)

Time: 12:00 Noon – 1:30 PM

Senior Primary Care

3010 Farrow Road #300 Columbia SC 29203

Tel: 803-434-1238 (Mary Winstead, LISW)

Date: 1st Tuesday every month

Time: 12:00 Noon

Wittenberg Lutheran Church

233 North Lee Street Leesville SC 29070

Tel: 803-532-4636 (Joan Caughman)

Dates: 1st Wednesday of the month

Time: 12:00 PM

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.3 Bereavement / Grieving Support Groups

“Bereavement Support Group”

Lexington Medical Center – Granby Room
2720 Sunset Blvd. West Columbia SC 29169
Tel: 791-2901
Dates: 1st Thursday of every month
Time: 7:00 PM

“From Grief to Joy”

Family Life Center, Lexington Baptist Church
308 E. Main Street Lexington SC 29072
Tel: 803-716-4600
Dates: 3rd Tuesday of every month
Time: 7:00 PM
Website: www.joyinthemourningcenter.org

Grief and Loss Support Group

Dates: 2nd Thursday of Each Month
Time: 4:00 p.m.
Location: The Heritage at Lowman Classroom
Tel: 843-200-6433 – Kristy Emerson kemerson@lutheranhospice.org.
Registration is required prior to attending.

“Parents of Murdered Children & Other Survivors of Homicide”

Washington Street United Methodist Church
3rd Floor Youth Room
1401 Washington Street Columbia SC 29201
Tel: 803-414-4491
Email: columbiascpomc@gmail.com
Dates: 3rd Tuesday of each Month
Time: 6:00 PM

“Pathfinders” Columbia Downtown

Palmetto Health Baptist – Cafeteria
Taylor at Marion Street Columbia SC 29220
Tel: 803-296-3100 ext. 3331 or Toll Free: 1-800-238-1884
Dates: 1st Tuesday of each month
Time: 5:30 PM – Supper Served

7.3 Bereavement / Grieving Support Groups

“Pathfinders” Newberry

Palmetto Health Hospice

1400 Camellia Ave Newberry SC 29108

Tel: 803-405-0808 or Toll Free: 1-800-518-5175

Dates: 2nd Tuesday of the month & Last Thursday of each month

Time: 3:00 PM & 5:30 PM

“Pet Loss Support Group”

Senior Center, Lexington Leisure Center

108 Park Road Lexington SC 29072

Tel: 803-716-4600

Dates: 3rd Monday of each month

Time: 7:00 PM

“Sharing Hearts”

SC HPC Hospice and Palliative Care

140 Stoneridge Drive Suite 630 Columbia SC 29210

Tel: 803-758-4099

Dates: 2nd Monday of each month

Time: 6:30 PM

“Survivors of Suicide (SOS)”

Westminster Presbyterian Church

1715 Broad River Road Columbia SC 29210

Tel: 803-356-2874

Email: catneeley@windstream.net

Dates: 1st Tuesday of every month

Time: 7:00 PM

7.4 Cancer Support Groups

“Bosom Buddies”

Palmetto Health Baptist

Taylor at Marion St Columbia SC 29220

Tel: 803-296-2378

Date: 2nd Tuesday of every Month

Time: 6:00 PM

Details: Group for women who have/had breast cancer.

“Coping with Cancer Together”

Lexington Medical Center- Granby Room

Tel: 803-939-8774

Date: Wednesday

Time: 11:30 AM

Details: Anyone diagnosed with cancer

Leukemia and Lymphoma Society

107 Westpark Boulevard Suite 150 Columbia SC 29210

Tel: 803- 731-4060

The Leukemia & Lymphoma Society's South Carolina chapter was founded in 1981 to serve residents who have been touched by one of the blood cancers: leukemia, lymphoma and myeloma. The chapter serves the entire state of South Carolina with the main office in Columbia and satellite offices in Greenville and Mt. Pleasant.

“Sharing Hope”

Womens Imaging Lobby / Lexington Medical Park 1

Tel: 803-791-2521

Date: 4th Tuesday of every month

Time: 11:30 AM

Details: Women with recurrent or metastatic breast cancer

“US Too Survivorship”

LMP Auditorium / Lexington Medical Park 1

Tel: 803-791-2521 Libby Daniels RN

803-776-5834 Allen Schurr

Date: 1st Wednesday of every month

Time: 1:00 PM

Details: All men, family, friends and health professionals who want to discuss prostate cancer.

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.5 Diabetes Support Groups

“Sugar Club”

Chapin United Methodist Church

415 Lexington Ave. Chapin SC 29036

Tel: 803-345-5327

Date: 4th Thursday of every month

Time: 7:00 PM

Diabetes Support Group

Palmetto Health Baptist,

Taylor at Marion St. Columbia, SC 29220

Phone: 803-296-8906

Kids with Diabetes

Palmetto Health Richland

5 Richland Medical Park Drive Columbia, SC 29203

Phone: 803-434-6674

Living Well With Diabetes

Palmetto Health Baptist

Taylor at Marion St Columbia, SC 29220

When: Monthly

Phone: 803-296-8906

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.6 Disabilities and Other Support Groups

Amputee Support Group

1795 Dr. Frank Gaston Blvd. Rockhill, SC 29732

Tel: 803-326-3532

Date: 3rd Wednesday of every month

Time: 11:00 AM

“WOW” Babcock Center

2725 Banny Jones Ave West Columbia SC 29170

Tel: 803-799-1970

Babcock and Richland/Lexington Disabilities and Special Needs Board are working in a collaborative effort to provide caregiver relief supports to qualified families and individuals through the program.

“Brain Injury Support Group” HealthSouth Rehabilitation Hospital

2935 Colonial Drive Columbia, SC 29203

Thomas Norris Educational Conference Center (across from the cafeteria)

Meeting Time: 1st Thursday of each month, 6:00 p.m. – 7:30 p.m.

Contact Person: Janet Hinson; Email: jhinson789@aol.com

Phone: 803-788-5696

Contact Person: Robert Hinson Email: rhinson18@aol.com

Phone: 803-206-0945

“ASD Parent Support” SC Autism Society

806 12th Street West Columbia SC 29205

Tel: 803-750-6988

Date: 1st Thursday of every month

Time: 10:00 AM

Website: www.scautism.org

“Parkinson Support Group” Columbia Parkinson Support Group

For individuals and the families of those suffering with Parkinson's disease

Date: 3rd Sunday of every month

Time: 3:00 PM

Where: Lexington Medical Park 1 Auditorium

Contact: Karen Basso at (803) 351-9571

SC Federation Center for the Blind

119 South Kilbourne Road Columbia SC 29205

Tel: 803-603-2098

Email: tiffnymitchell72@gmail.com

Date: 2nd Thursday of the month

Time: 6:15 PM Dinner cost per person: \$6.00

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.6 Disabilities and Other Support Groups

“Midland Breeze Group” SC Spinal Cord Injury Association

2935 Colonial Drive Columbia SC 29203

Tel: 803-252-2198 Angela Jacildone

Date: Last Tuesday of every month

Dinner served

Time: 6:00 PM

“Stuttering Support Group” USC Speech & Hearing Clinic

Tel: 803-777-2605

Email: charley@sc.edu

“DTR” SC SHARE-ACOA Club

2015 College Street Columbia SC 29205

Tel: 803-446-7314

Sundays: 2:00 PM

Mondays: 12:15PM

James R. Clark Memorial Sickle Cell Foundation

1420 Gregg Street Columbia SC 29201

Tel: 803-765-9916

Email: office@jamesrclarksicklecell.org website: www.jamesrclarksicklecell.org

ADULT AND PARENT SUPPORT GROUP

The Foundation encourages and facilitates Support group meetings for clients with sickle cell disease. The purpose of the support group is to provide an environment where clients, parents of children, and caregivers of persons with sickle cell disease can come together to share their concerns and identify and seek solutions to problems and issues they have that are related to this disease. If you are interested in attending a support group, please call your local office.

LITTLE WONDERS (CHILDREN) SUPPORT GROUP

God’s Little Wonders Club provides a positive outlet for children with sickle cell disease. Our primary goal is to be responsive to the specific needs and desires of children five through twelve (5-12) years of age. The group also strives to provide opportunities for parent/child bonding, enrichment and exposure to cultural, educational and recreational activities. The sessions have proven to be very successful in meeting the needs of those who participate.

Central Midlands AAA/ADRC Senior & Disability Service Directory

7.7 Heart and Stroke Support Groups

Heart to Heart

Lexington Medical Park 1

Tel: 803-791-2621

Dates: 1st Thursday (February, March, April, October, November and December)

Mended Hearts Support Group

6 Richland Medical Park Dr. Columbia SC 29203

Tel: 803-240-9230

Date: 2nd Tuesday of every month

Time: 5:30 PM

Stroke Support Group

Health South Rehabilitation Hospital of Rockhill – Dining Room

Date: 2nd Wednesday of every month

Time: 11:00 AM

Contact: Michele Bozarth 803-326-3543

The Women Heart Support Group

Providence Health

2435 Forest Drive Columbia SC 29204

Tel: 803-255-2904

Date: 2nd Tuesday of every month

Time: 6:00 PM