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1.1 Central Midlands Area Agency on Aging Overview

This directory is designed to assist in identifying supportive services for you and your family need to maintain independence in the later years. Searching out this information for a parent, loved one, or for yourself can become a trying experience if you are not sure who to contact. We hope this directory will help.

The Central Midlands Area Agency on Aging / Aging & Disability Resource Center (AAA/ADRC) does not warrant any agency or organization listed, nor claims that they possess any particular level of competence or skill. Any exclusion of an agency offering services to the elderly is unintentional.

Central Midlands Area Agency on Aging is a special designation conferred by federal and state government that identifies the lead agency in the region responsible for planning and implementing community-based services for older people (60+). Local governments who appoint the governing board of elected officials and citizen members created Central Midlands that has been planning programs for seniors since 1975. Working with a professional planning staff and its Regional Aging and Disability Advisory Committee (RADAC), the Board carries out the Federal, State, and Local mandate of creating a sound service system to meet the region growing older population.

A majority of the aging services are funded by federal grants/funds through the 1965 Older Americans Act. This law required that planning and service districts be designated to plan and implement aging services.

The Lt. Governor's Office on Aging has divided the state into ten planning and service districts. Central Midlands Area Agency on Aging was designed in 1976.

The mission of the Area Agency on Aging is to plan programs and services for the growing population of older people in Fairfield, Lexington, Newberry and Richland Counties.

The agency contracts with local contractors for delivery of services. The Regional Aging and Disability Advisory Committee (RADAC), consisting of older individuals who are participants or who are eligible to participate in Older Americans Act programs, representatives of older persons, persons with disabilities and the general public, assists the Council of Governments in fulfilling the responsibilities of the Area Agency on Aging.

The Central Midlands Area Agency on Aging transitioned into the Central Midlands Aging and Disability Resource Center (ADRC) on September 9, 2009. South Carolina initiated the establishment of ADRC's in 2003 with a commitment of three-year funding from the State Unit on Aging and expanding to five regions. In the 2009-2010 Fiscal year, the State unit on Aging committed three-year funding to the remaining five regions of South Carolina, including Central Midlands.

1.1 Central Midlands Area Agency on Aging Overview

The Central Midlands ADRC will serve as a highly visible and trusted agency serving the community as a place where people go for information, assistance and resources on the full range of support options. Long-term support includes a wide range of in-home, community-based, and institutional services and programs that are design to help seniors and individuals with disabilities.

1.2 Mission Statement

Central Midlands Council of Governments Area Agency on Aging /Aging and Disability Resource Center (AAA/ADRC) mission is to plan and oversee programs and services for the growing population of older people and people with disabilities in Fairfield, Lexington, Newberry and Richland counties.

1.3 Staff

Ben Mauldin, Executive Director

Reginald Simmons, Deputy Executive Director

Cindy Curtis, Director Area Agency on Aging

Crystal Cauble, Administrative Assistant Area Agency on Aging

Carol Boykin, Information / Referral and Assistance Specialist

Franicia Matthews, Information / Referral and Assistance Coordinator

Sheila Bell-Ford, I-CARE Coordinator

JaJuana Davis, I-CARE Program Assistant

Beck Baird, Family Caregiver Advocate

Jenny Andrews, Family Caregiver Advocate Coordinator

Anna Harmon, Director Regional Long-Term Care Ombudsman Program

LaToya Buggs-Williams, Senior Ombudsman Investigator

Fretoria Williams, Ombudsman Volunteer Coord. / Info Support Specialist

Laurie Giarratano, Associate Ombudsman / Support Specialist

1.4 Regional Aging & Disability Advisory Committee (RADAC)

The Advisory Committee for Aging Program Planning of the Central Midlands Council of Governments does hereby set forth the following Bylaws to govern its operation.

MISSION STATEMENT

The Advisory Committee for Aging Program Planning of the Central Midlands Council of Governments does hereby set forth the following Bylaws to govern its operation.

The term "Council" is used to designate the Central Midlands Council of Governments. The term "Committee" is used to designate the Aging and Disability Advisory Committee.

To promote a positive experience of aging for older individuals, the disabled community and their families. The Central Midlands Council of Governments is the regional lead agency for advocating, planning, coordinating and developing resources to help localities provide a comprehensive range of social and health-related services within a statewide aging and disability network.

BYLAWS

CENTRAL MIDLANDS COUNCIL OF GOVERNMENTS
REGIONAL AGING AND DISABILITY ADVISORY COMMITTEE

ARTICLE I

MEMBERSHIP

- 1-1 The membership shall consist of those individuals appointed by the Council for two-year terms. The term may be extended by mutual agreement upon completion of the term.
- 1-2 At least fifty percent (50%) of membership shall be of age 60 years or older. The membership shall be representative of the disability community.
- 1-3 Formula for Membership: Representatives shall consist of one (1) member for each three thousand (3,000) persons age 60+ within each county as identified by current census data. Minority elderly representation will equal the percentage of 60+ minority elderly in the CMCOG planning and service areas as indicated by the current census data.
- 1-4 Vacancies on the Committee shall be filled by the Council upon recommendations by the Committee. All prospective members will be required to submit an application.

ARTICLE II

RESPONSIBILITIES

- 2-1 The duties of the Committee are to:
- 2-1.1 Promote and encourage local communities to recognize the needs and promote the establishment of programs for older persons and disabled persons.
- 2-1.2 Establish priorities, based upon the needs of the local communities and the Region.

1.4 Regional Aging & Disability Advisory Committee (RADAC)

2-1.3 Develop and revise, on a yearly basis, regional comprehensive Aging and Disability Program plans based upon the needs and established priorities.

Make recommendations to the Council for approval or disapproval of applications from units of local governments, the Council, and/or local service provider agencies.

ARTICLE III

MEETINGS

- 3-1 Regular meetings shall be held six (6) times annually or at such other time and date as called by the Chairperson.
- 3-2 The Committee and the public shall be notified by the Chairperson of the time and place of meetings at least fourteen (14) days in advance of such meetings.
- 3-3 Action can be taken by a majority vote by those present at the meeting.
- 3-4 Only duly appointed members of the Advisory Committee may vote on any matter before the Committee. Members must abstain from voting on issues that present a conflict of interest.

ARTICLE IV

MEMBER ATTENDANCE

4-1 In order for the Committee to carry out its duties and responsibilities, it is necessary for all members to attend all meetings. If a member is absent for two (2) consecutive meetings, CMCOG staff shall notify the Chairperson. The Chairperson will notify such member, in writing, of his absences. If such member fails to attend the next regular meeting, without a valid excuse the Chairperson shall forward a recommendation from the Committee to the CMCOG board chair.

ARTICLE V

OFFICERS AND THEIR DUTIES

- 5-1 The officers shall consist of a Chairperson and Vice-Chairperson.
- 5-2 The Chairperson shall preside at all meetings of the Committee and shall have the duties normally conferred on such officers, including the appointment of sub-committees or project groups.
- 5-3 The Vice-Chairperson shall assume the duties of chairperson in the absence of the Chairperson.
- 5-4 CMCOG staff shall keep the minutes and records of the Committee; prepare, with the Chairperson, the agenda of regular and special meetings; provide notice of meetings and such other duties, as requested by the Chairperson.

1.4 Regional Aging & Disability Advisory Committee (RADAC)

ARTICLE VI

Election of Officers

- 6-1 The Chairperson and Vice-Chairperson shall be appointed by the Council of Governments.
- 6-2 The Chairperson and Vice-Chairperson shall serve for a term of two (2) years and shall serve until the successor is appointed.

ARTICLE VII

SUBCOMMITTEES

7-1 Standing subcommittees shall be: (1) Advocacy; (2) Nutrition Program; (3) Quality Assurance; (4) Grievance; and (5) Caregiver subcommittee. The Committee may establish special sub-committees. The Chairperson of the Committee shall appoint members of such committees.

ARTICLE VIII

RECORDS

8-1 The Committee shall keep a record of its recommendations, transactions, findings, and determinations. Such records shall be maintained in the Council's office.

ARTICLE IX

BYLAWS CONFLICT

9-1 In the event of conflict between the provision of these Bylaws and the Bylaws or other policies of the Council, the Bylaws or policies of the Council shall prevail.

ARTICLE X

ADOPTION AND AMENDMENT

- 10-1 These Bylaws may be adopted by a majority vote of the membership present at a regular meeting of the Regional Aging and Disability Advisory Committee.
- 10-2 These Bylaws may be amended by a majority vote of the membership present at a regular meeting, providing the proposed amendment has been submitted to the membership in writing at least seven (7) days before the meeting.
- 10-3 The adoption of these Bylaws shall be effective January 12, 2010.

1.4 Regional Aging & Disability Advisory Committee (RADAC)

Central Midlands Council of Government Regional Aging and Disability Advisory Committee

Fairfield County (2)

Mary Gail Douglas (Chair)

Newberry County (2)

Vina Abrams

Betty L. Schumpert

Lexington County (10)

Bill Banning Peggy Butler

Dr. Lorraine Fowler

Mary Joyner Kay Mitchell Joyce Mize

Kimberly A. Tissot

Richland County (12)

Betty "Cookie" Brooks

Ellen Cooper

Julie Ann Dixon (Vice Chair)

Chip Harriford
Dr. Stephen Lloyd
Paul Livingston
Joyce Mason
Larry Reed

1.5 Silver Haired Legislature Caucus

The purpose of South Carolina Silver Haired Legislature (SCSHL) will be: (1) to identify issues, concerns, and possible solutions for problems faced by the citizens of South Carolina with special emphasis on issues related to seniors. (2) To make recommendations to the Governor and to members of the SC General Assembly. (3) To educate the public on senior issues. (4) To encourage seniors to participate actively in public affairs; (5) to function on a nonpartisan basis. (6) To promote good government for all South Carolinians. (7) To hold one Legislative Session annually.

Silver Haired Legislature 2016-2017

Fairfield County

Eugene "Gene" Clemens Hubert Rentz Jr.

Lexington County

Jean Bridges
Bruce Bondo
Wendell Christine
Ethel Corley
Tom Lloyd
Charles McNeill
Kay Mitchell
Joyce Mize
Rebecca Smith

Newberry County

Margaret Brackett George Burk

Richland County

Betty "Cookie" Brooks

Bernard Gaudi (Chair)

Athenia "Tina" Gilchrist

Melvin "Mel" Jenkins

Carolyn Randolph-George

Carolynne Rowe

James "Jay" Scully

Hannah Timmons (Secretary)

Beverly Turner (Vice Chair)

Peyton Wooldridge

1.6 Council on Aging Contractors

Each county in South Carolina has at least one "Point of Service" contractor for older citizens. County Aging contractors provide information and referral to all available senior citizens services. They also provide a wide variety of services directly.

Fairfield County Council on Aging

210 East Washington Street, Winnsboro S.C. 29180

Tel: 803-635-3015 Fax: 803-635-9171

Email: fccoainfo@truvista.net

Office Hours: Monday-Friday 8:00 AM - 4:30 PM

Services: Congregate Meals, Home Delivered Meals, Homecare Level 1 (Homemaker), Transportation to and from Congregate Location, Food Co-Op, Community Food Box Program.

Lexington County Recreation and Aging Commission

125 Parker Street, Lexington S.C. 29072

Tel: 803-356-5111 Fax: 803-356-8990

Email: lchristison@lcrac.com, website: www.lcrac.com
Office Hours: Monday – Friday 8:00 AM – 5:00 PM

Services: Senior Centers - Noon Meal, Activities and Crafts, Transportation to Centers,

Educational Program, Fitness/Exercise, Recreation, Fellowship. Other: Day trips/Overnight trips, Medi-loan Closet, Sitters List, and Telephone Reassurance, Home Delivered Meals, Limited Transportation/Escort to Medical Appointments, Information and Referral, Volunteering,

Community Services.

Newberry County Council on Aging

1300 Hunt Street, Newberry S.C. 29108

Tel: 803-276-8266 Fax: 803-276-6312

Email: <u>info@nccoa.org</u>, website: <u>www.nccoa.org</u> Office Hours: Monday – Friday 8:30 AM – 4:30 PM

Services: Group Dining, Home Delivered Meals, Transportation, Homecare, Adult Day Care, Evidence based exercise, Demand Response Transportation, and Smart-Ride Express Buses.

Senior Resources, Inc.

2817 Millwood Avenue, Columbia S.C. 29205 Tel: 803-929-0349 or Toll Free: 1-866-818-6499

Email: info@seniorresourcesinc.org website: www.seniorresourcesinc.org

Office Hours: Monday – Friday 8:30 AM – 5:00 PM

Services: Foster Grandparents, Homecare, Meals on Wheels, Pet Pals, Retired & Senior Volunteer Program, Referral and Assistance Specialist, Senior Companions, Telephone Reassurance, Wellness Centers, Senior Food Pantry.

1.6 Council on Aging Contractors

South Carolina Legal Service

Services: South Carolina Legal Services (SCLS) provides free legal assistance in a wide variety of civil (non-criminal) legal matters to eligible low-income residents of South Carolina. SCLS is a non-profit corporation, funded by grants from the federally funded Legal Services Corporation, the South Carolina Bar Foundation, local United Ways, state court filing fees, and other federal, state and local funding.

SCLS Intake Office - Statewide

Tel: 803-744-9430 or Toll Free: 888-346-5592

Fax: 803-744-9450

South Carolina Legal Service Offices:

Columbia Office

Serving: Lee, Lexington, Kershaw, Richland, and Sumter Counties

2109 Bull Street (P.O. Box 1445) Columbia S.C. 29201

Tel: 803-799-9668 or Toll Free: 888-799-9668

Fax: 803-799-1781

Office Hours Monday -Friday 8:30 AM-5:00 PM

Greenwood Office

Serving: Abbeville, Edgefield, Greenwood, Laurens, McCormick, Newberry, and Saluda Counties

316 W. Cambridge Ave Greenwood, SC 29646 Tel: 864-223-4879 or Toll Free: 800-922-3114

Fax: 864-223-7629

Rock Hill Office

Serving: Chester, Fairfield, Lancaster, and York Counties

214 Johnston Street Rock Hill, SC 29730

Tel: 803-327-9001 or Toll Free: 800-922-3853

Fax: 803.327.7105